

Thinking About Your Child's Development

Every child is unique.

No two children develop in exactly the same way.

However, we can look to certain developmental milestones to ensure that your child is learning and growing normally. Here are a few signs of typical development.*:

By 6-7 months of age, many children are able to:

- * Roll over from tummy to back, or back to tummy
- * Turn their head when their name is called
- * Enjoy simple social games, such as "peek-a-boo"

By 12 months of age, many children are able to:

- * Pull up to a standing position and take steps while holding onto furniture
- * Make sounds such as "ma" or "da"
- * Imitate others in play (clap when you clap)

By 18 months of age, many children are able to:

- * Enjoy simple pretend play ("talk" on a toy phone, hug a baby doll)
- * Say at least two words other than "mama" or "dada"
- * Drink from a cup and eat some finger foods independently

By 2 years of age, many children are able to:

- * Climb up and down from furniture independently
- * Use two- to four-word phrases
- * Follow simple instructions
- * Become more interested in playing with other children

**Adapted from CARING FOR YOUR BABY AND YOUNG CHILD, a publication of the American Academy of Pediatrics*

Children's Developmental Services Agency

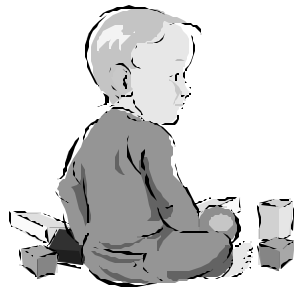
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CHILDREN'S DEVELOPMENTAL SERVICES AGENCY



Serving Alamance, Caswell,
Guilford, Randolph, and
Rockingham Counties

Our Services

Caring for your child...and you.

The first years of your child's life are very special. Nothing quite matches the joy of witnessing your child's first smile, first steps, and first words.



Sometimes parents, pediatricians, teachers or others may have questions about whether a child is developing typically. The Children's Developmental Services Agency can help to answer these questions, and support families to help every infant and toddler reach his or her full potential.

Research has shown that early intervention is the key to assuring the best possible outcomes for a child who may be struggling with some aspects of development. Early intervention services are intended to build on learning opportunities that occur in everyday activities in home and community settings.

Involvement with the Infant/Toddler Program can be an important source of support for families. Learning as much as you can about your child's development, and ways that you can support him or her at home and in the community, can empower you to become your child's most effective advocate. Your involvement in your child's growth is the key to his or her success!

Service Coordination: A specially-trained service coordinator will talk with you to explain services, options and rights available to you as part of the Infant-Toddler Program, and will work with you to arrange evaluations to address your concerns.

If your child qualifies for early intervention services, the service coordinator will work with you to develop an IFSP (Individual Family Service Plan) for your child and family. On this plan, you and your service team set measurable goals for your child's development, and outline the services needed to help you support your child's growth. Your service coordinator will assist you to access community agencies and resources and needed services.

Evaluation: Our team of experts in physical, social, and cognitive development can address your concerns about your child, and help to determine his or her strengths and areas of need. Depending on your concerns, one or more members of this team will work with you and your service coordinator to evaluate your child's development. The information gained from this evaluation will be considered along with your own experiences and knowledge of your child to develop your IFSP.

Early Intervention Services: We can help you arrange services as outlined on your IFSP to address your child's specific developmental needs and support you in meeting his or her needs. Possible services may include assistive technology, physical or occupational therapy, community based rehabilitative services, or speech therapy, among others.



Family Support Network of Central Carolina (FSNCC):

We offer an on-site Liaison to this organization, which provides parent-to-parent matching; support groups; resource and referral; free information in "plain English" (or other languages); and an array of other services for families of children with special needs. You can learn more about FSNCC by visiting their website:

www.fsnc.org

The First Step: Making a Referral

You, your doctor, or another concerned professional can take the first step by making a referral to any one of our offices. We will contact you and, if you are interested in our program, we will identify a service coordinator to work with you throughout the process.

If you have questions about our program, you can contact the Director or Assistant Director at our main office in Greensboro at phone (336) 334-5601.

Or, for more information about the North Carolina Infant-Toddler Program, you can visit our website at **www.ncei.org**

