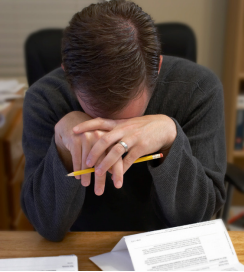


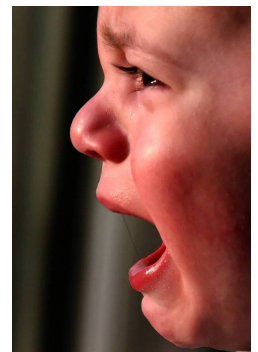
sib-SUPPORT



Talk about complicated . . . sharing your life with brothers and sisters can sometimes be difficult, frustrating, challenging, embarrassing, WEIRD, funny, compassionate, and wonderful. Add on that your sibling has a special need and your journey becomes filled with twists and turns oftentimes accompanied by a complex mix of emotions.



Would you be interested in having a place where you could come together with other kids just like you to talk about what it's like to have a brother or sister with a special need? Would you be interested in sharing with others what the most challenging things are for you? Would you be willing to share some of the funny things that have happened to you? What about when you have been proud of what your sibling has been able to accomplish? What about how you worry about them sometimes? What about how they are able to show you that they love you?



Dr. Jean Allen and staff at Tristan's Quest are inviting you and your mom or dad to come to Tristan's Quest to talk about starting a program called sibSUPPORT. We will have separate groups for parents and kids. We may separate the kids into 2 groups: elementary-school age and middle-school/high school ages. You can do the talking and we will do the listening. We want to hear your ideas for putting together a support group or groups where kids could come together to share their unique stories about being the sibling of a child with special needs and challenges, to learn new strategies for handling the difficult times, and to enjoy a time of friendship, laughter, and fun!



FOCUS GROUP 1: Thursday, February 2, 2012 at 6:30-8:00 PM

FOCUS GROUP 2: Saturday, February 11, 2012 at 1:30-3:00 PM

WHERE: Tristan's Quest, 115 South Walnut Circle Greensboro, NC 27409

Please call to let us know that you will be attending. Thanks!

336-547-7460 or email to drjean@triad.rr.com