

Spring 2012 Programs

at  **tristan's quest, inc.**

Caring Kids—A small group for preschoolers. Children will become more confident in social situations, increase awareness of how his/her actions affect others, and learn the importance of good manners through the use of children's literature, puppets, and crafts. Mondays 4-5 pm starting January 16th. \$360/12 week session.

Good Citizenship 101- K-1st — In a small group setting, your boys will learn more about understanding and talking about emotions, making friends, using good manners, and understanding social cues through children's literature and crafts. Mondays 5:15-6:15 pm starting January 12th. \$360/12 week session.

Good Citizenship 101- 2nd and 3rd grade — In this small group, your boys will work on building social competence, making and keeping friends, working as a team, and handling unpleasant feelings through a variety of social skills instruction techniques. Thursdays 5-6 pm starting January 19th. \$360/12 week session.

Good Citizenship 101- 4th and 5th grade — Boys will work in a small group to learn positive problem solving strategies and how to deal with peers, including bully-proofing, while developing strong character traits. Mondays 6:30-7:30 pm starting January 16th. \$360/12 week session.

Growing Up With Style, Grace, and Confidence- 1st, 2nd, and 3rd grade — In this girls-only small group, your young girls will participate in activities to build self esteem, increase emotional understanding, learn about friendship and cooperation, and build social vocabularies. Tuesdays 4-5 pm starting January 16th. \$360/12 week session.

Growing Up With Style, Grace, and Confidence- 5th, 6th, and 7th grade — In this girls-only small group, your older elementary school and middle school girls will learn about maintaining friendships, choosing positive peer groups, and dealing with unpleasant emotions while building character and leadership skills. Tuesdays 5:15-6:15 pm starting January 16th. \$360/12 week session.

Friday FUN Night -- In this program, middle and high school students with high functioning autism will go out into the community and build social skills while having fun in a supervised environment. Friday nights 6:30-9:30 pm. \$25/session.

Let's LEGO — This Saturday morning program teaches elementary school children social skills and frustration tolerance through building with legos. Every other Saturday morning 9:30-12:30. \$25/session.

SPACE IS LIMITED — CALL NOW FOR REGISTRATION DETAILS!

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“Making Children's Mental Health A Priority”